

Black Pearl Technique

*From Dr Sharon Forrest
Taught by Dr Patricia Schmidt*

The Ancient Chinese Black Pearl Technique works on your nervous system, (parasympathetic, sympathetic, neurovascular and amygdala). A delightful combination of meridian clearing and energy healing it releases deep-seated traumas and stress from these systems. When these systems are stress free, the amygdala shrinks and becomes like a black pearl, hence the name.



Center for Transforming Health

2111 Cass Lake Rd Suite 101 Keego Harbor 48320

May 14th registration at 12:30pm

Class from 1pm-5pm

Reservations required / Come with a partner

Cost \$100 per pair or \$50 per person

RSVP 248-481-7287, or cth2111@gmail.com

Please wear something comfortable and bring a pillow and cuddly blanket